

Gloucester County Council HAF and HAP Programme

We have formed a partnership with The Holiday Activity and Food (HAF) programme, funded by the Department of Education. HAF is available to those in reception to year 11 who receive benefits-related free school meals. However, Gloucestershire County Council have recognized that all children and young people would benefit from a programme like HAF so have worked hard to secure extra funding to extend the offer to all families. This means they are now able to offer this programme to other children – HAP.



The HAF/HAP programme offers a range of activities for children and their families including family play days, football camps, music workshops, arts and craft and more. Many of these activities provide food and in addition, there are food hampers that can be collected from various locations across the City.

The event was organised by our district lead for Gloucester County Council HAF program, Dawn from The Venture in White City and Erica, the site lead. Joining us was Rachael, the Children and Family Worker for the Parish of Hempsted with the City Centre. We already have an existing relationship with both Dawn, who runs art sessions for the parents at The Family Haven and Rachael from her weekly group, coffee and chat, our outreach partner. Kings School have kindly offered to provide a venue for us.



The workshops run twice a week throughout August for our families to attend, the staff from The Family Haven accompanied the families on the Tuesday group, to support the event so that the whole family could attend. On the Thursday event, we provided crèche for any younger children as this session is targeted more towards children aged seven and up and their parents.

This is a wonderful opportunity for our families to experience things in a new environment. For many of our families, they only attend our centre so getting them used to accessing other activities from different providers is invaluable. It helps our families to broaden their life experiences, encourages the development of new skills for both adults and children and more importantly, it helps improve their mental and physical health.



**Helping vulnerable families
to a brighter future
since 1988**

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Platinum Jubilee Parties June 2022



Three days of celebratory parties were held to provide the children with knowledge and experience of the National celebrations that are being held in Honor of HR Queen Elizabeth. Thank you to Asda Foundation's Under 18's Better Starts Grant for supporting the children in being able to experience a wide selection of activities such as making Royal crowns, decorating castles along with flag painting and card making.

We set out afternoon tea using our best china cups and saucers, along with plates, which carried delicious sandwiches, fruit salads as well as an assortment of treats which catered for all dietary and religious requirements.

The children enjoyed new experiences in the garden; playing boule and croquet with each other. This was a really exciting experience, as the children found they could dress up as a queen or king whilst playing the garden games all at the same time!

The children were all presented with a souvenir book, flag and balloons to take home. The parties were full of happy, excited children who have hopefully gained some knowledge of what the celebration was all about.



Music for Mummy



Thank you so much to Dowty Propellers for funding our Music with Mummy sessions with a grant of £690 this year. The sessions run by Jeanette Crumpton began at our nursery in September 2021. The sessions are weekly music classes designed to encourage singing, listening and social skills which help children to develop a sense of rhythm whilst also supporting their learning and speech development. The music and songs are a mixture of traditional tunes and songs that are unique and original to the programme. Providing action rhymes and songs for young children and babies is beneficial in so many ways. Mainly because it's a starting point for developing their language and

communication skills. Small sessions of nursery rhymes give a child opportunity to develop skills that will be utilised throughout their developing years. Repeating the rhyme over and over helps with brain development and it enables the children to become interested in each rhyme, the pattern and rhythm.

All of the classes are small and friendly with no more than 10 families in a class. This allows quality time for children and adults to grow in confidence and enjoy each other's company.

We are so grateful for this funding so we can continue to offer such wonderful classes to our families.

EID Party 10th May 2022



The Family Haven celebrated Eid by holding a wonderful party for all our families and staff. Parents made and brought in some beautiful food for everyone to share and try. Everyone enjoyed the food and trying things they may not have tried before. The children enjoyed finding out more about Eid and talking about why it is celebrated and how it is celebrated, we talked about sharing and helping others, our different cultures and traditions.

In the morning the children enjoyed making some Eid celebration cards for their families. They enjoyed sticking and using glitter glue to decorate their cards. Each card was individually created with each children's design. They enjoyed playing with brightly coloured balloons passing them to each other and talking about the different shapes and colours. We put on some traditional music and everybody had so much fun dancing together. The children enjoyed playing the musical instruments, they banged the drums to the beat of the music and the shakers. The babies enjoyed bouncing to the music, they also enjoyed exploring the different textures and colours of the fabrics that had been used to decorate.



We then all sat together to have our lunch, parents/carers all sat together, chatting and eating together. The children all sat around a big table together to eat, they used a big spoon to serve their food on to their own plates encouraging independence, they took it in turns and each child waited patiently to have their turn. We chatted about the beautiful food and the different tastes and textures.

The children enjoyed exploring items such as a book about Eid, brightly coloured silks and we talked about celebrations and that some of us might celebrate different celebrations too. One of the volunteers brought in Henna and lots of beautiful designs were created, some of us had never had Henna done before so it was a great new experience.

A fantastic day for all – Eid Mubarak



Prosser Knowles



As corporate sponsor to The Family Haven, Prosser Knowles are committed to helping the Family Haven in any way they can. In June, Prosser Knowles invited the Family Haven to their annual client Golf Day and what an amazing day it was. The company hosted a 'Beat the Pro Event' with financial advisors Jon and Alex challenging the clients to beat them. Everyone paid a donation to enter the competition which raised a fantastic total of £645 – thank you so much to everyone for their generosity.

The next fundraising challenge the company will be supporting is a sponsored skydive. Two of the employees from Prosser Knowles, Laura Evans and Rachel Robb, will be taking part in the Family Haven's Skydive Month. On 3rd

September Laura and Rachel will be leaping out of a plane at 10,000 ft. to raise money for the charity. If you would like to support them in their endeavour and raise much needed funds, you can follow the links on our website: www.thefamilyhaven.com/prosser-knowles-sign-up-to-our-skydive-month/



SKYDIVE MONTH



WHEN?

THURS 1ST SEPTEMBER – FRI 30TH SEPTEMBER

WHERE?

VARIOUS LOCATIONS, UK

Registration fee: £70 (non-refundable) Fundraising Target £395

**Join THE FAMILY HAVEN this September
for the ultimate adrenaline rush!**

Experience the thrill of jumping from 10,000 feet and free-falling at over 120mph in a sponsored skydive to help vulnerable families in Gloucestershire



To sign up visit
www.thefamilyhaven.com/skydive
or scan our QR code on the right



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Quote for the month

**“Love is patient and kind. It’s never jealous.
Love is never boastful or conceited.
It is never rude or selfish.
It does not take offense and is not resentful.”
– Nicholas Sparks**



www.facebook.com/thefamilyhaven.gloucester

Leave a Legacy



**Imagine the difference you
can make**

Did you know that legacies are a vital source of income for charities? To find out more about leaving a gift in your will we have a page on our website with information we hope is useful:

www.thefamilyhaven.com/how-you-can-help/leave-a-legacy/

When you “Leave a Legacy”, you’re enriching the lives of other people and supporting and sustaining charitable work for future generations

Why become a Friend? As a Friend of The Family Haven, you will be supporting the Trustees and staff in helping provide the services our families so desperately need. Your regular subscriptions and offers of voluntary help are invaluable and support us in delivering our aims.

Call 01452 422971 for an application form or

**Download it
from <http://bit.ly/YtnESd>**



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