

SKYDIVE MONTH



Join **THE FAMILY HAVEN**
this September for the
ultimate adrenaline rush!



Experience the thrill of jumping from 10,000 feet and free-falling at over 120mph in a sponsored skydive to help vulnerable families in Gloucestershire.

We have teamed up with Skyline, who will organise all the logistics of your tandem skydive. All you have to do is pay a non-refundable deposit of £70 to secure your spot and raise a minimum of £395 for the Family Haven.

We have prepared this pack to answer many of the usual questions, but if you'd like to discuss anything further, or if you have any questions which have not been answered, then please do contact Liz on **01452 528692** or email **elizabeth@thefamilyhaven.com**

We hope that you will join us for an adrenaline-fuelled day to raise vital funds for the Family Haven.

How do I sign up?

You will find more information online at **www.thefamilyhaven.com/skydive** including details of how to register for the skydive. Once registered, you can also kick start your fundraising by setting up an online fundraising page at **www.justgiving.com/family-haven**

Where can I jump?

We work with Skyline who offer tandem skydives from various locations across the UK. To find the closest jump site to you visit: **skylineskydiving.co.uk/prices-and-locations**



How much will it cost?

The registration fee is £70 and then you have two options:

Fundraising – Pledge to raise £395 for the Family Haven and the remaining cost of your jump is covered, with nothing left to pay by yourself.

We ask that you raise your £395 sponsorship target two weeks before your jump date. This is because we will be invoiced for the cost of your jump beforehand. If you have not raised the £395 then you will need to pay for the cost of your skydive on the day of your jump.

Self-fund – Alternatively if you want the Family Haven to receive 100% of your sponsorship as a donation, you can choose to fund your own jump costs.

Pay a £70 booking deposit to Skyline, plus an additional £200-£250 (depending on the airfield) to cover your jump. Then you can raise as much as you like for us!

How will I jump?

You will do a tandem jump, which is a combined freefall and parachute descent where you are strapped to a professional parachute instructor. On the morning of your jump, you will get a 30-minute ground briefing on the equipment that will be used and how it works, as well as full information on how to exit the aircraft, freefall and land safely. Once you have been securely attached to an experienced tandem instructor with a 4-point harness system, you will board the aircraft together. The plane will normally climb to around 10,000 feet where you will exit and begin your freefall. After reaching speeds of approximately 120 miles per hour, your freefall will end at around 5,000 feet, when the tandem instructor will deploy the main parachute and you will begin your descent under canopy. This will last between 4 to 6 minutes as you fly towards your landing area.

Can I have my jump filmed/photographed?

Yes of course, we will confirm the cost of this and the details once you have chosen your drop zone, as this varies between them. Please note that you cannot pay for this from your fundraising money.

Can my family and friends come along on the day?

Yes! The more the merrier. Having family and friends there to support you really adds to the experience. There is parking at all of the airfields.

What's the fitness requirements?

You don't have to be super fit to do a skydive, but you do need to be generally in good health. If you have any medical conditions listed on the medical form then you will need to get your form signed by your doctor before you jump. The weight limits for men and women can vary between our airfields – check with Liz to see the limits at each airfield.

What about insurance?

All jumpers will be covered by the BPA's Public Liability insurance for up to £2 million liability to third parties. However, this does not cover you or your dependents for personal injury (including death). We would advise that you arrange personal accident insurance for your skydive.

Finally

We sincerely hope that you decide to give it a go – it has often been described as a thrilling 'once in a lifetime' experience and is an excellent way in which to raise funds for such a worthwhile cause. There will be lots of other people trying parachuting for the very first time throughout the month, so you won't be on your own. If you are not able to make a jump in September, but would still like to take part in a sponsored skydive, we can arrange jumps at a number of drop-zones across the UK throughout the year.

To sign up visit

www.thefamilyhaven.com/skydive
or scan our QR code on the right



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