

What else has been happening?



Our latest series of parenting classes have come to an end. In all 21 individual parents took part in one or more of the six sessions, covering such topics as 'common childhood rashes', 'learning to share' and the benefits of 'messy play'. Each session was delivered multiple times throughout the week so we could reach as many parents as possible. In total we had 64 attendances.

We have continued to provide personal development for the parents, this can be in groups or on an individual basis. These sessions cover anything from help with computer skills to form filling, from active listening to advice. In the last six months we have provided 93 individual sessions.



Cathy, our alternative therapist has regularly come in to provide our parents with some much needed pampering and relaxation in the form of 'Reflexology' and 'Spiritual Healing' (Reiki).

Become A Friend

Why become a Friend? As a Friend of The Family Haven you will be supporting the trustees and staff in helping provide the services our families so desperately need. Your regular subscriptions and offers of voluntary help are invaluable and support us in delivering our aims.

Call 01452 422971 for an application form or download it from <http://bit.ly/YtnESd>

We held an event in May 2013 to thank our supporters, volunteers and friends.



Details from a few Recent Events

- Lush bath bomb making weekend 9/10th Nov. Money raised from sales of their moisturiser Charity Pot. Raised £171.40.
- 29th November Painswick Goodwill Evening raised £150.00
- 14th December Cathedral Christmas Market donations and sales of Calendars & Cookbooks raised £313.74.

Please keep us updated on events you may be running/participating in for us and we can spread the word in emails, newsletters, on Facebook and on Twitter. Either call 01452 422971 or email Debbie@thefamilyhaven.com

To help us please follow the link below to do your shopping online at no extra cost to you. <http://www.giveasyoulive.com/join/thefamilyhaven>

Staff and Trustees

Welcome



A warm welcome to our new trustee Rhyannon Burman—Day.



A warm welcome to our new Nursery Nurse Lorraine Kelly.

Farewell



We will soon be saying goodbye to our Trustee Robin Buchanan who will be stepping down as Deputy Chair and our Trustee responsible for our Friends.

The Family Haven Staff would like to say a big thank you for the hard work and dedication Robin has given to The Family Haven.

Like our **facebook** page

www.facebook.com/thefamilyhaven.gloucester

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THE FAMILY HAVEN

Helping vulnerable families to a brighter future for 25 years

Newsletter

Volume 25, Issue 3

January 2014

Honorary President:
Anne Cadbury OBE, JP, DL

Chairman:
The Very Revd Nick Bury

Deputy Chair:
Robin Buchanan

Treasurer:
Gerald Holyhead

Secretary: John Price

Trustees:
Gillian Lunn
Doreen McLellan
Anthea Graham
Theo Platt
Rhyannon Burman—Day

Vacancy—if you are interested in becoming a Trustee we have a vacancy, please contact us.

ARRC, Innsworth donates gifts to the children



The Family Haven management and staff would like to say thank you to everyone who helped to make Christmas a great success for the families. Many groups and businesses donated presents including Renishaw, Mecca bingo and ARRC, Innsworth pictured here with Senior Nursery Nurse Hazel Shelley and Nursery Nurse Lorraine Kelly holding one of our children Emily Pearce.

The Family Haven charity wins a £500 windfall.



The Family Haven has won a £500 supermarket charity windfall. Our Deputy Chair Robin Buchanan, received a cheque from the new local Tesco in Tuffley. The new Tesco Express store opened on Grange Road on 10th December.

Robin cut the ribbon to declare the new store officially open. Store manager, Debbie Gaffney said: "We are delighted to be able to make a donation to help the local Family Haven day centre. We were really keen to ensure we selected a group that will benefit from the funding."

The Family Haven
A company limited by
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Christmas Party Days 2013

We held two Christmas Dinner Party's for our families. Due to of the number of families we have, we needed to hold two so no one was left out. A good time was had by everyone. We would like to say a big thank you to our cook Janet Oliffe for the wonderful Christmas Dinner she cooked for both parties.

We could not make this possible by ourselves, but thanks to the efforts off our ever increasing number of volunteers and supporters we were able to make it a day to be remembered for parents and children alike. Our most sincere thanks goes to everyone who donated their valuable time, food, gifts and financial support. Thanks also to Santa who took time out of his very busy schedule to put a smile on the children's faces.

We can not emphasise enough the difference that these acts of kindness make to our families, it enables us to give everyone a gift to open on Christmas Day. In many case these gifts will be all they will have to open on Christmas morning!



December 17th—First Christmas Party Day



December 19th—Second Christmas Party Day

A good time and good food was had by everyone. Especially the children when Santa arrived with presents. Even a couple of our dads joined in the fun and told Santa what they wanted for Christmas.



Staff members wear Pyjamas to work



The Family Haven Staff wore pyjamas to work, in support of BBC Children in Need.

From left to right Helen Jackson (Nursery Manager), Lorraine Barrett (Client Centre Manager), Lucy Pearce (Family Support Worker), Lorraine Kelly (Nursery Nurse in) and standing behind her Hazel Shelley (Senior Nursery Nurse).

Children in Need currently support us.

Our Family Haven Jubilee Tree is Growing

To celebrate our 25th anniversary we hope to raise £25,000 to help us continue support for local disadvantaged families for another 25 years. To show progress towards this target we are adding Green, Bronze, Silver and Gold leaves to represent donations from you, our supporters.

The tree is painted in our meeting room and as we receive donations we add the leaves with the name of the donor on them. We will photograph it periodically and update our website and newsletters so you can track the progress. The current total is £1712.00



Our Calendars & Cookbooks



The Family Haven would like to thank everyone who has bought our Calendars and Cookbooks to mark our 25th Anniversary. If you haven't all ready done so and still wish to purchase either a Calendar or Cookbook we have included our

Sales Order Form with this Newsletter. The current total is £739.69.

**You can also order online at
www.thefamilyhaven.com**

Other Jubilee Donations from individuals and Trusts currently stands at £2036.00. The overall total amount between the Jubilee Tree, Calendars, Cookbooks and single donations is £4487.69.

Healthy Eating



Our cook Janet Oliffe continues to teach healthy eating classes three times a week to our parents.



Volunteers Needed



As with all fundraising events the key to its success is the people who help.....

We would be so grateful if you could let us know if you would be able to lend a few hours at any of the events.

Please do email me
aggiegraham@hotmail.com